



The Ski Sundown Ski Team (SSST) is a competitive ski race program designed for advanced ski racers aged 8 and up. These racers have vigorous training in all conditions and compete throughout CT, NY, MA, and beyond (depending on age and ability level). The program starts as soon as the mountain is open and our training begins the week of Christmas break from 8am-2pm. Our weekly schedule is Wednesday nights, 7pm-9pm and Saturday and Sunday, 8am (on the snow) - 2pm. The amount of races and their location each weekend is determined by the classification of each racer.

- U10 - Children 8 and 9 years old by 12/31 of current race year (2026)
- U12 - Children 10 and 11 years old by 12/31 of current race year (2026)
- U14 - Children 12 and 13 years old by 12/31 of current race year (2026)
- U16 - Children 14 and 15 years old by 12/31 of current race year (2026)
- U18+ - Children over 16 years old by 12/31 of current race year (2026)

U14 and under will compete in the CT Youth Ski League as well as Tri-state. There are typically 4 races in a season and 2 post season races. U16 and up will travel more and compete in 6 plus races a season.

Being a part of the Ski Sundown Ski Team provides coaching and guidance to your child. Our coaches continue to advance their own abilities with training and advanced certifications to ensure the highest level of instruction each week. They also implement strategies to best enhance the skills of each individual skier based on their own personal needs .

When considering if your child is ready for the SSST, ask yourself if they are ready to ski in all weather conditions; including rain, snow, ice, and extreme cold. Can your child ride the chair independently? Can they ski in control, while making parallel turns on Gunbarrel? Do you have the time to commit to the training each week for your child to advance and stay competitive? If yes, then contact Jessica Chicowski at [skisundownskiteam@gmail.com](mailto:skisundownskiteam@gmail.com) or 860-806-4244 for more information regarding fees and gear for your racer.

If you are not sure that your child is ready, take a look at the Race Team Development Program for an introduction to racing. More information can be found here: <https://skisundown.com/programs/racing-programs/race-team-development/>.

Thank you for your interest in Ski Sundown Ski Team!